

Postal Facilities

1. The US mailing system is relatively efficient.
 - It is faster to send key documents electronically or by facsimile machine, also known as fax.
2. International mail and deliveries are subject to customs regulations, and require addresses in English.
3. You, your friends and your family back home should be aware that certain articles are prohibited or restricted from being imported into the United States, and that any package containing such items must be returned at the sender's expense.
 - Example: meat and food products.
4. Non-government common carrier services such as Federal Express and United Parcel Service allow you to track packages from their source to their destination.
 - These two services will also allow you to ship home excess items after you conclude your training, at your own expense.
5. Your training installation should have an established mailroom, or mailing address where you can receive personal mail.

Terminology

1. Prohibited means the item is forbidden by law to enter the United States.
2. Restricted means that special licenses or permits are required from a federal agency before the item is allowed to enter the United States.
 - Examples of restricted items include firearms and certain fruits, vegetables, pets, and textiles.
 - Visit the US Customs and Border Protection website for more information.